

✨ ChatGPT Content Calendar Prompt Guide (growthh.ai)

Create 30 Days of Content in 30 Minutes

By **growthh.ai**

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What's Inside:

- ✓ Proven ChatGPT prompts to spark content ideas
 - ✓ Step-by-step guide to script viral Reels
 - ✓ Pro tips to match your brand voice
 - ✓ Bonus prompts for captions & hashtags
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Why You'll Love This:

- ✓ Saves hours of brainstorming
 - ✓ Perfect for creators, coaches, & businesses
 - ✓ Simple & actionable
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Connect with me:

- Instagram: **growthh.ai**
- YouTube: <https://www.youtube.com/@yogesshh.k>



ChatGPT Content Calendar Prompt Guide

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Welcome! 🙌 This guide helps you create a **30-day content calendar in 30 minutes or less** using ChatGPT. Whether you're a creator, coach, or business owner, these prompts will save you time & spark ideas.

Step 1 – Get 10 Content Ideas in Your Niche

👉 Prompt:

"Give me 10 engaging content ideas for [your niche]. My target audience is [describe audience]. Keep the ideas fresh and high-engagement."

Example:

"Give me 10 engaging content ideas for a fitness Instagram page. My target audience is busy moms looking to lose weight at home."

Step 2 – Script Viral 30-Second Reels

👉 Prompt:

"For each content idea above, write a 30-second script for an Instagram Reel that's catchy, hook-based, and action-oriented."

Optional Add-on:

"Make sure the tone is [funny/serious/motivational/etc.] and include a CTA at the end."

Step 3 – Customize & Record

👉 What to do:

- Copy the script

- Adjust language/words to match your own style
- Record & post! 🎤



PRO TIP: Match Your Brand Voice

👉 Prompt:

"Here's a sample of my past content: [paste old captions, post text]. Learn my tone and rewrite the Reel script to match my style."

This helps ChatGPT understand your unique voice so your content feels authentic.



Bonus Prompt: Hashtags & Captions

👉 Hashtag Prompt:

"Suggest 15 hashtags for my post on [topic] that help me reach [target audience]. Mix popular & niche tags."

👉 Caption Prompt:

"Write a compelling Instagram caption based on this Reel script, with a hook, value, and a CTA."



Your Action Plan:

- 1 Run the prompts step by step
- 2 Save your ideas in a doc or planner
- 3 Batch-create & stay ahead of schedule!

Need more help or custom strategy? DM me on [Instagram handle] ➡ 📱 or reply to my email at [email address] ✅.

Happy creating! ☀️